

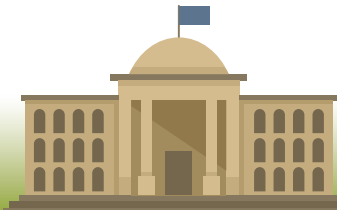


## Section 1:

# Improving Care and Promoting Health in Populations

A multifaceted approach encompassing patient-level, system-level, and policy-level interventions is crucial for enhancing population health in the context of diabetes. This approach may include the following key elements.

Patient-Level	System-Level	Policy-Level
<ul style="list-style-type: none"> <li>Minimize therapeutic inertia in diagnosis and treatment.</li> <li>Align with evidence-based treatment guidelines.</li> <li>Address social determinants of health.</li> <li>Foster shared decision-making that considers individual preferences, prognoses, comorbidities, and financial factors.</li> </ul> 	<ul style="list-style-type: none"> <li>Foster a quality-oriented culture to improve safety, timeliness, effectiveness, equity, and person-centeredness through system-based approaches.</li> <li>Leverage patient registries and electronic health records for quality enhancement in diabetes care.</li> <li>Use collaborative, multidisciplinary health care teams for diabetes care delivery.</li> <li>Incorporate telehealth alongside in-person visits to expand access to quality diabetes care.</li> <li>Ensure access to diabetes self-management education and support, using both professional and community-based resources.</li> <li>Evaluate socioeconomic and linguistic barriers to diabetes management and care, and facilitate referrals to local community resources when needed.</li> </ul> 	<ul style="list-style-type: none"> <li>Ensure access to health insurance with adequate coverage for all aspects of diabetes management, including medications, supplies/equipment, technology, and medical care.</li> <li>Ensure access to health care professionals with expertise in diabetes management.</li> </ul> 

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